



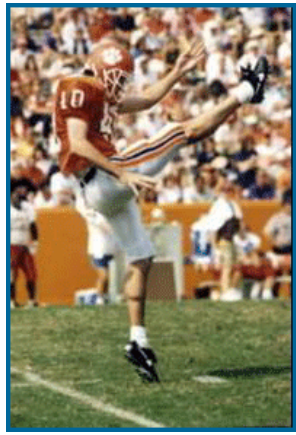
Kicking Winter Training Camps

MCF and Top Recruit Kicking are teaming up to offer a top notch training program for athletes wanting to improve their kicking fundamentals.

- This is a two hour class designed for an athlete who has the desire to dramatically improve their form, technique, and overall kicking/punting abilities.
- The class will utilize weekly video technology to analyze and enhance each kick.
- The class session will last 4 weeks with a competition at the end of the last class to demonstrate who can perform the best under pressure.
- Individual instruction in Field Goal Kicking, Punting, and Kickoffs is available.

Head Kicking Instructor:

Chris McNally is the President of Top Recruit Kicking, Inc. and founded the company in 2003. Chris was a punter at Clemson University and finished his career as one of the top five punters in Clemson history. Chris also set a Gator Bowl record with a punting average of 49.3 yards on 6 punts. His football career continued after college with tryouts for the Tampa Bay Buccaneers, St. Louis Rams, and Carolina Panthers. Chris also played professional soccer and works well converting soccer players to football players and also concentrates very hard developing the mental side of the game to give confidence to each player. In just 7 years, Chris has become known as one of the best punting and kicking instructors in the country and takes pride in using his college and NFL contacts to place many qualified individuals into college and the NFL.



Kicking Winter Training Camps

Session 1

Saturday.....Jan 23, 30 & Feb 6, 13
Saturday.....3:30pm-5:30pm

Session 2

Saturday.....Feb 20, 27 & Mar 6, 13
Saturday.....3:30pm-5:30pm

Program:

1 session (4 workout Dates):

Session (Includes T-Shirt) \$199

Both Sessions:

All 8 workouts (Includes T-Shirt) \$360

Ages: 12 and Up

*Drop In work out rate: \$65/workout

*Bring 2 footballs, cleats, holders, kickoff tee's and kicking blocks.
*For Spring and Summer Camps Check Website www.millcolemanfootball.com

Location: MCF (East) Location

Auburn Hills Golf Center (248-333-2882)
(Opdyke and Auburn Rd, just South of Pontiac Silverdome)
141 S. Opdyke Rd, Auburn Hills, MI, 48326

Email: mill@millcolemanfootball.com

Or call: 248-790-4064

To register go online www.millcolemanfootball.com or mail into: **Mill Coleman Football**
33228 W. 12 Mile Rd. #179,
Farmington Hills, MI 48334





Private or group lessons

- Individual or group lessons are also available. Please contact Mill Coleman for more information or to schedule

Fundamentals Registration Form

Student Name: _____

Address: _____

City: _____ State _____ Zip _____

Parent/Guardian Name _____

Email Address _____

Phone: _____ H _____ C _____ W _____

Emergency Contact _____ Phone # _____

School _____ Grade _____ Age _____

Group 1 Group 2

Position(s) _____

***Space is limited, walk-ups are not guaranteed a spot!**

Register online: millcolemanfootball.com

or

Mail checks payable to:

Mill Coleman Football Fundamentals, LLC.

33228 W. 12 Mile Rd. #179, Farmington Hills, MI 48334

Phone: • 248-790-4064

e-mail: mill@millcolemanfootball.com

Parent/ Guardian Signature _____ I authorize Mill Coleman football fundamentals to arrange for emergency medical treatment in my absence. I will assume all financial responsibility for emergency transportation and treatment. I will not hold Mill Coleman football or any of its employees responsible or liable for any injury that may result from participation in the Mill Coleman fundamental programs.

