

## Squirts Football Academy

### Inviting all aspiring football players ages 4-7yrs!

- Introductions to basic football fundamentals and the motor skills required to help your child properly develop for the game (proper ball handling, catching, passing, form running and agility development and more)
- **This is a Train and Play program!!**
- **Surface: Field Turf**
- Parent involvement; learn the game with your child and help them develop
- Each week builds on basic fundamentals
- Each parent will be provided with a basic football manual (basic rules of the game)
- Start your child off learning the game the right way in an enjoyable environment
- Skills development through competitive events such as flag football competitions and watch them grasp the concept of playing the game with teammates

### Head Camp Instructor: Mill Coleman

- Mill "The Thrill" Coleman is a former Farmington Hills Harrison All-American QB. Michigan's H.S. All-Decade Quarterback (1980-1990)
- Former Michigan State standout and captain
- Additional coaches include: Current and former high school, college & professional athletes



### Squirts Fundamental Camps

#### Session 1

Saturdays.....Jan 23, 30, Feb 6, 13  
**Saturdays.....2:30-3:30pm**

#### Session 2

Saturdays.....Feb 20, 27, Mar 6, 13  
**Saturday.....2:30pm-3:30pm**

#### Program:

#### Fee:

Session .....\$89/session **Includes: T-Shirt and Football Manual**  
 (\$150 for both sessions)

Drop in rate.....\$30/session (additional \$10 for shirt & manual)

#### Ages:

- 4-5yrs old (Group 1)**
- 6-7yrs old (Group 2)**

**Squirts please bring, football cleats, tennis shoes, water bottles**

#### Agenda

- 2:30pm-2:40pm (warm up)
- 2:40am-3:10pm (Fundamentals development)
- 3:10-3:30 (Train & Play period)
- 3:30pm (Session ends)

#### Location:

**Location:** Auburn Hills Golf Center (248-333-2882)

(Opdyke and Auburn Rd, just South of Pontiac Silverdome)

141 S. Opdyke Rd, Auburn Hills, MI, 48326

\*For additional camp info Check Website  
[www.millcolemanfootball.com](http://www.millcolemanfootball.com)

**Email:** [mill@millcolemanfootball.com](mailto:mill@millcolemanfootball.com)



### Fundamentals Registration Form

Student Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Parent/Guardian Name \_\_\_\_\_

Email Address \_\_\_\_\_

Phone: \_\_\_\_\_ H \_\_\_\_\_ C \_\_\_\_\_ W \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone # \_\_\_\_\_

\_\_\_\_\_

School \_\_\_\_\_ Grade \_\_\_\_\_ Age \_\_\_\_\_

Group 1    Group 2

Position \_\_\_\_\_

**\*Space is limited; walk-ups are not guaranteed a spot!**

**Register online: [millcolemanfootball.com](http://millcolemanfootball.com)**

**Or**

**Mail checks payable to:**

**Mill Coleman Football Fundamentals, LLC.**

**33228 W. 12 Mile Rd. #179, Farmington Hills, MI 48334**

**Phone: 248-790-4064**

**e-mail: [mill@millcolemanfootball.com](mailto:mill@millcolemanfootball.com)**

Parent/ Guardian Signature \_\_\_\_\_ I authorize Mill Coleman football fundamentals to arrange for emergency medical treatment in my absence. I will assume all financial responsibility for emergency transportation and treatment. I will not hold Mill Coleman football or any of its employees responsible or liable for any injury that may result from participation in the Mill Coleman fundamental programs.

